

PLATINUM FITNESS

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		9:30 am Mom & Baby Kelly	11 am Raise your Glutes Tasha			
	5:15 pm Spin Marie	5:30 pm Bootcamp Kelly (\$10 drop in)	5 pm Triple 10's Gail	5:30 pm Bootcamp Kelly (\$10 drop in)	5 pm Triple 10's Gail	
	6:30 pm Upper Body Blast Tara	6:30 pm Absession Gail		6:30 pm Tabata Tara	5:45 pm Kangoo Jumps Helle	
		7:30 pm Kangoo Jumps Helle				

Unlimited Classes-only Membership \$39.95 + Tax

Single Class – Non-member \$6.09 + Tax

Single Class – Member \$3.48 + Tax

Call 902-842-4875 to sign up!